



IN OUR HANDS PRESENTS

BABA'S SONG

WHAT WE STAND FOR

In Our Hands Theatre is an emerging Bristol based theatre company. The core team met as new mothers, and they have developed a dedicated and supportive working relationship, both in solidarity to one another as new parents, but also as co-creatives passionate about working and raising families simultaneously – and most importantly gaining an awareness that these must and should go hand in hand. Their work is rigorous, generous and high quality - with women's voices at its heart.

WHO WE ARE

Jannah Warlow is an actor, singer, musician and theatre maker. Jannah's performance work includes; MmmHmmm, Undersong and HUG (Verity Standen), Medusa (The Bristol Vic), Oedipuss in Boots (The Wardrobe Theatre), and Santa's Little Trolls (Pickled Image). She's recently provided music direction for MathildaMathilda (Soap Soup Theatre Company) and led their community choir. She was nominated for Best Female Performer in the Wales Theatre Awards 2015.

Kim Heron is a Bristol based actor and theatre maker. She trained in Lecoq-based acting and devising at LISPA. Theatre credits include: A Midsummer Night's Dream and Our Country's Good (Tobacco Factory Company), Translunar Paradise and Light (Ad Infinitum), Outpost (Green Ginger), The Mill City Of Dreams (Freedom Studios), and Rocky Shock Horror (The Wardrobe Theatre).

Naomi Lange is an emerging Bristol producer. She trained in acting at Actors Centre in Sydney Australia and Lecoq-based acting and devising at LISPA. She's passionate about creating work and that speaks from the heart of human experience and uses physicality, storytelling and other art forms in exciting and innovative ways.



A scream from the heart of a new mother!

BABA'S SONG

A vocal journey into the messiness of one woman's motherhood. Two women, two voices, in just a meter square playing space.

Baba's Song is a wild roar in the woods and a panic attack in Mothercare.

"Blisteringly powerful"

Angie Belcher, Comedian

Innovative vocal landscapes, exciting physicality, quick change characters and a hilariously relevant songs are woven together within a restricted meter squared space, to give audiences insight into one woman's experience of new motherhood. Baba's Song invites audiences into an experience had by many women, but rarely expressed on stage.

"Seeing this show made me feel less alone! I have suffered with postnatal depression/ anxiety and [this show] really triggered a huge sense of relief in me."

Chloe Scholefield, Bluebell Care

Through their combined talents, Kim Heron and Jannah Warlow have created a unique theatrical language that brings the space alive in new and exciting ways.



"It rarely goes 10 minutes without them effortlessly creating something I have never seen before, whether that's talking within their mouths to the sound of a baby transforming into a brain eating itself, to narration mixing with command."

These innovations would not work if the performers weren't incredibly talented, so it's a good job they are. Both have such a charismatic pull on the audience it makes you wish to spend hours in their company." Exeunt Magazine



Devised and Performed by
Jannah Warlow & Kim Heron

Directed by **Emma Williams**

Movement Direction by
Laura Dannequin

Music Advice by **Verity Standen**

Lighting by **Joe Price**
(original design by **Chris Collier**)

Costume by **Miranda Pfunder**

Produced by **Naomi Lange**

View our trailer on our website:
www.inourhandstheatre.com

Technical Information

Baba's Song is an adaptable piece and suitable for both traditional and non-traditional spaces.

Most of the show takes place within a meter square playing space.

LIGHTING

Baba's Song is a highly adaptable show. Our specific lighting notes are available on request.

For non-traditional spaces, we don't need any special lighting arrangements.

SOUND

No requirement

PERSONNEL

Artists: Jannah Warlow and Kim Heron
Crew: 1 lighting operator, provided by venue*

*additional charge for bringing our own technician

DURATION
60 minutes

AGE GUIDE
16+

BABA'S SONG is available for booking.

For more info or to book contact our producer: Naomi Lange
inourhandstheatre@gmail.com

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